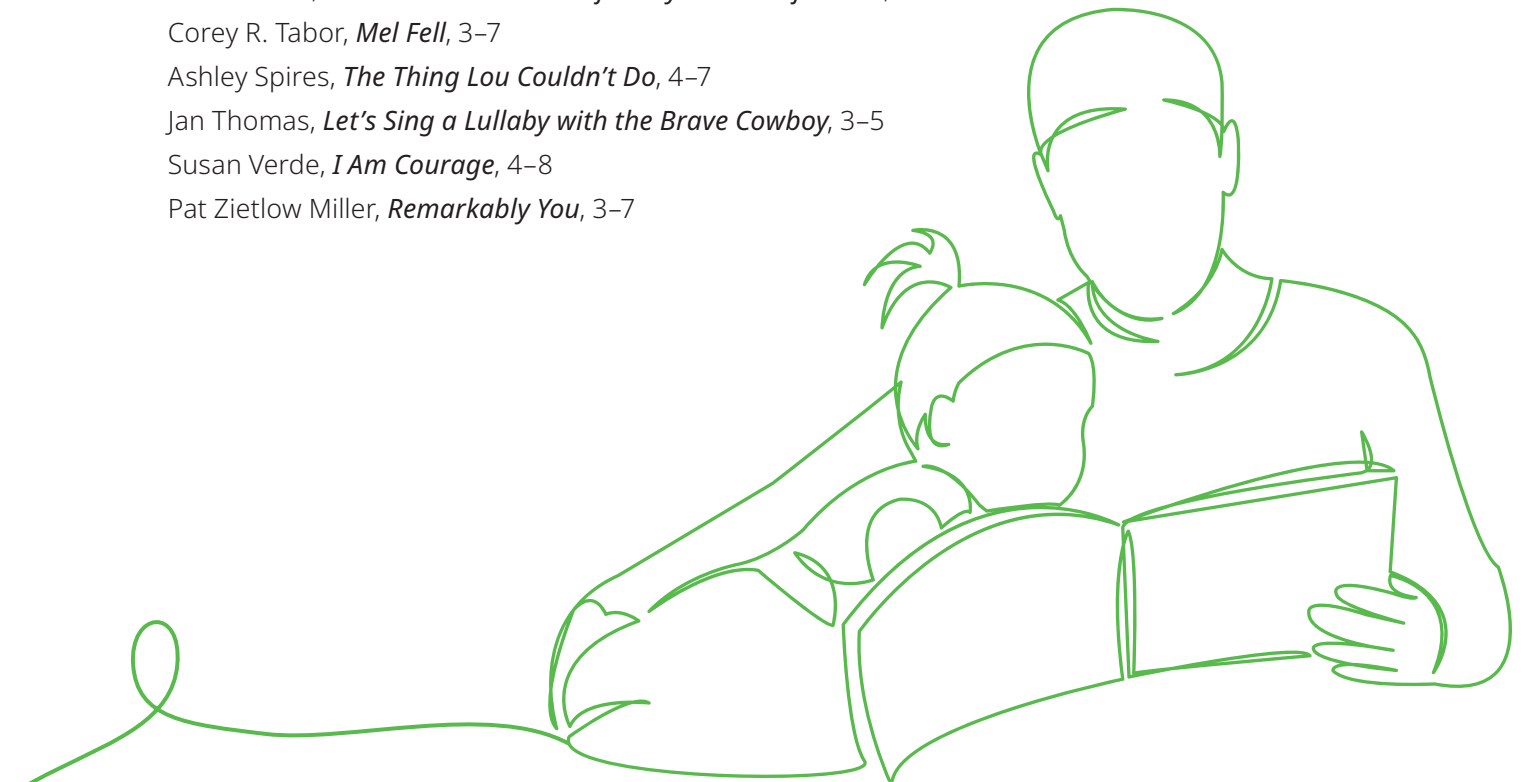




Here is a list of storybooks on bravery, trying new things, and facing some common fears in the early years.

Bravery, trying new things, facing fears and positive coping

- Giles Andreae, *Be Brave, Little Penguin*, 3–5
Derrick Barnes, *I Am Every Good Thing*, 3–8
Paulette Bourgeois, *Franklin Rides a Bike*, 3–7
Rachel Bright, *Koala Who Could*, 3–6
Gaia Cornwall, *Jabari Jumps*, 3–7
Samantha Cotterill, *Nope, Never, Not for Me*, 3–6
Carolyn Crimi, *There Might Be Lobsters*, 3–7
Angela DiTerlizzi, *The Magical Yet*, 3–7
Chris Haughton, *Don't Worry, Little Crab*, 3–6
Kevin Henkes, *Sheila Rae the Brave*, 4–7
Jessica Hische, *Tomorrow I'll Be Brave*, 3–7
Ariel Horn, *Do Not Go in There*, 3–6
Loren Long, *Little Tree*, 3–7
Trudy Ludwig, *Brave Every Day*, 4–6
Alicia Potter, *Miss Hazeltine's Home for Shy and Fearful Cats*, 4–8
Corey R. Tabor, *Mel Fell*, 3–7
Ashley Spires, *The Thing Lou Couldn't Do*, 4–7
Jan Thomas, *Let's Sing a Lullaby with the Brave Cowboy*, 3–5
Susan Verde, *I Am Courage*, 4–8
Pat Zietlow Miller, *Remarkably You*, 3–7





Specific fears in the early years

Howard J. Bennett, *It Hurts When I Poop!*, 4–8

Stan and Jan Berenstain, *The Berenstain Bears Visit the Dentist*, 3–7

Mercer Mayer, *What a Bad Dream*, 2–6

Mo Willems and Ryan T Higgins, *What About Worms!?*, 4–7

Loved one in the hospital

Charlotte Hudson, *Get Well Soon*, 3–7

Beach

Samantha Cotterill, *The Beach Is Loud*, 3–6

Performance

Sam Zuppardi, *Jack's Worry*, 3–7

Noise

Robie H. Harris and Chris Raschka, *When Lions Roar*, 3–5

Dogs

Kate Berube, *Hannah and Sugar*, 3–7

Swimming

Hyewon Yum, *Saturday Is Swimming Day*, 3–7

Sleepovers

Janet Costa Bates, *Time for Bed, Old House*, 3–7

School

Julie Danneberg, *First Day Jitters*, 3–7

Anna Dewdney, *Llama Llama Misses Mama*, 3–6

Medical appointments

Phoebe Beinstein, *"Ahhh!" Dora Goes to the Doctor*, 3–6

Paulette Bourgeois, *Franklin Goes to the Hospital*, 3–6

Anna McQuinn, *Leo Gets a Checkup*, 1–3

Thunderstorms

Paulette Bourgeois, *Franklin and the Thunder Storm*, 3–6

Being afraid of the dark

Martin Waddell, *Can't You Sleep, Little Bear?*, 2–6

Monsters

Laura Leuck, *My Monster Mama Loves Me So*, 3–6

Josh Schneider, *Bedtime Monsters*, 3–6

Jon Stone, *The Monster at the End of This Book*, 2–7

Moving

Aleks Harrison, *I Feel Anxious*, 3–7

Francesca Sanna, *Me and My Fear*, 3–7