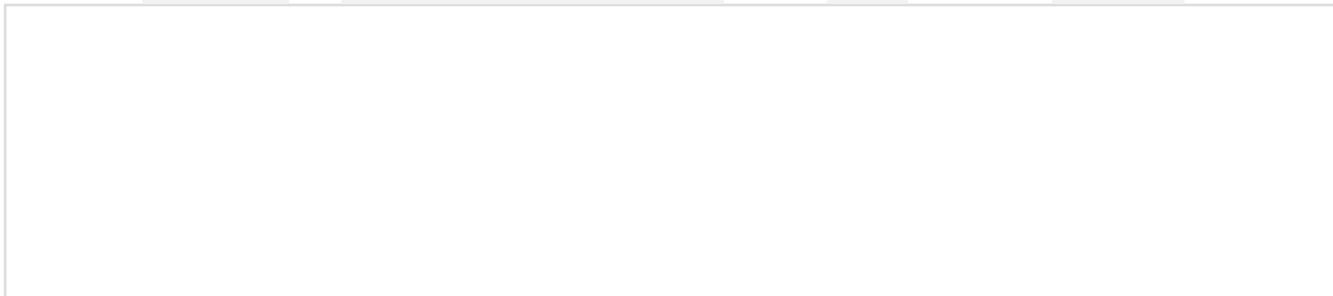
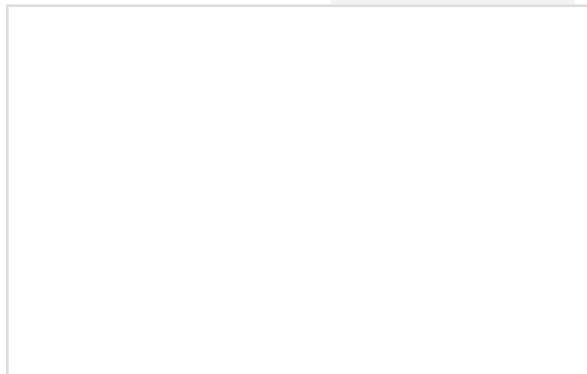


Setting an Intention

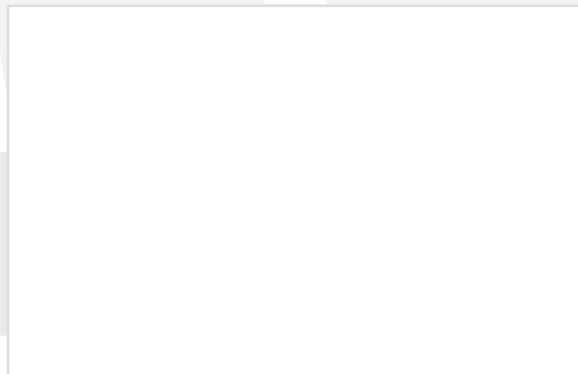
Take a moment to reflect on your deepest longing for the youth in your care. If there is one thing you could provide to them in your relationship, what would that be? Good health, peace of mind, love, care, trust, safety? What is the most important thing you wish for the youth you are caring for? Once you feel as if you have a clear sense of what that is, write it down in the space below.



What is your intention with and for the youth you are caring for?



What kinds of stressors or situations might arise that could distract from this intention?



When things get stressful and confusing, what will remind you of this intention?

